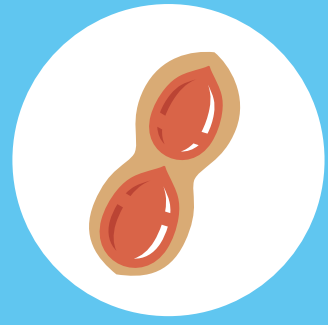


WHAT IS ANAPHYLAXIS?

Anaphylaxis is a severe, life-threatening allergic reaction.¹

THERE ARE 9 FOODS THAT CAUSE THE MAJORITY OF SEVERE FOOD ALLERGY REACTIONS²⁻⁴:



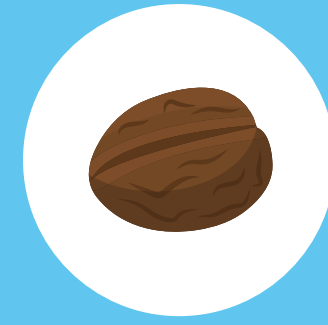
Peanuts



Milk



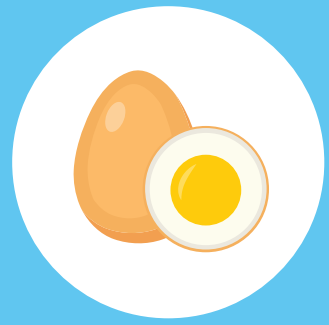
Shellfish



Tree Nuts



Sesame



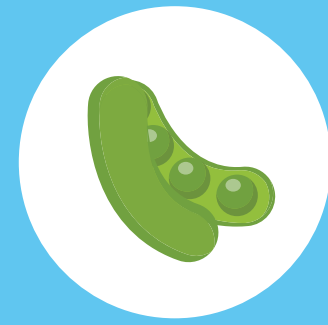
Eggs



Fish



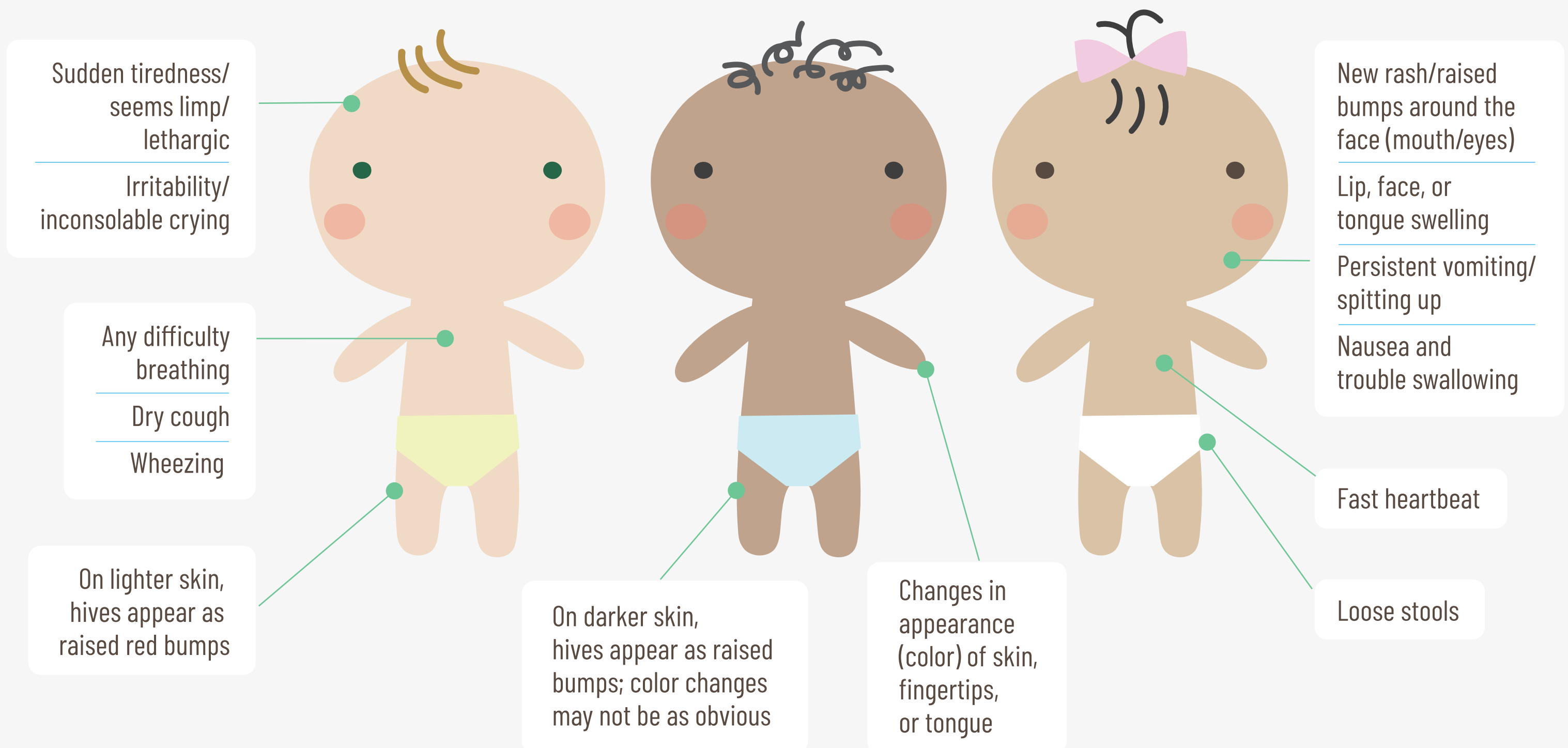
Wheat



Soy

SIGNS & SYMPTOMS

ANAPHYLAXIS CAN BE HARD TO IDENTIFY IN INFANTS AND TODDLERS.
HERE ARE SOME THINGS TO WATCH FOR⁵:



HOW TO RESPOND

1

Look for signs
and symptoms

Make sure you know what
to watch for and are trained
on how to use epinephrine.

2

Inject
epinephrine
immediately

It is generally better to inject
if you are unsure.¹

3

Call 911

After calling 911, inform
emergency contacts.

REMEMBER: An antihistamine will not properly treat a life-threatening allergic reaction. Only epinephrine can do that.¹

Always seek emergency medical treatment immediately after injection.

For general information purposes only. Please consult a healthcare professional if you have questions.

REFERENCES

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